



An introduction to IFRC's Learning platform

Red Cross Red Crescent Learning network

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Saving lives, changing minds.

 International Federation
of Red Cross and Red Crescent Societies

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Cover photo: Buddhist monks on a slow boat at the Mekong River near the border of Laos-Cambodia, during a workshop to increase awareness regarding dolphin and fish conservation. There are only 12 dolphins left in this area and a few more further down stream. The temples of Laos were once seen as “universities” for monks. Lao monks are highly respected and revered in Lao communities. Photography © Ben Thé Man/Flickr.com.

Strategy 2020 and the Learning platform

A National Society that is self-aware of its strengths and limitations also strives to do better by lifting up the thinking and practice that underpins the relevance, quality, magnitude, and impact of its services. That is why Strategy 2020 gives strong encouragement to the development of a culture of learning and knowledge sharing.

The Red Cross Red Crescent Learning and Knowledge Sharing Network intends to stimulate new thinking, set standards, and establish curricula of relevance to our core business areas, and then to signpost workers towards accredited providers who offer structured and professionalised learning opportunities.

This journey of life-long learning starts with IFRC's Learning platform.

The platform is an online, cloud-based service dedicated to expanding access to learning opportunities for the Red Cross Red Crescent Movement.

The Learning platform in a few words

In 2009, the International Federation implemented a Learning Management System (LMS) to:

- host and distribute online courses,
- manage classroom training registration,
- track progress and keep an online training record for all staff,
- and allow virtual communities to exchange ideas and documents.

The solution that was chosen is offered by Cornerstone, and follows the Software as a Service (SaaS) model. It is a flexible, reliable and complete solution, capable of meeting the present and future needs of National Societies.

The platform is now available in 5 languages: English, French, Russian, Spanish, and Swedish.

Standard solutions for all National Societies

1. Self-registration of your users

The Learning Platform provides free and easy access to all users. Anyone can create a profile for free on the Learning platform, from the welcome page in 5 languages (English, French, Russian, Spanish and Swedish): www.ifrc.org/learning

Encouraging the use of e-learning

E-learning implies the use of computer technologies to deliver learning materials.

E-learning is less subject to the constraints of space: one can theoretically learn from anywhere on earth, as long as there is an internet connection and a computer.

E-learning also releases from time limitations: one can learn at anytime, there is no need to wait for a session to be organized in a few months, or take leave from work. One can also study at one's own pace, independently of other students.

E-learning also offers unprecedented possibilities of economies of scale: once a course is developed, it costs virtually nothing to distribute it to one, a hundred or one million persons, thus making learning accessible to all.

2. Free online courses

A selection of online Red Cross and Red Crescent courses are provided for free. More will be added to the catalog once they are developed or shared by National Societies or Partners.

Courses currently include:

- **The World of Red Cross and Red Crescent (WORC).** This 20-hour orientation module (10 modules covering history, Fundamental Principles, components, cooperation, emblem,...) is the first tool to present all the core dimensions of the International Red Cross and Red Crescent Movement available to all National Societies. It is the first element of international staff training, and will be part of the induction process of all new staff. Some National Societies make it compulsory for all their staff, e.g. the Irish Red Cross or the Monaco Red Cross.
- **Strategy 2020:** an introductory module, explaining the IFRC's strategic aims for 2020 and enabling actions.
- **Staff Code of conduct:** an introductory module, explaining the major concepts of the IFRC staff code of conduct, the reporting process as well as the disciplinary procedures. Completed by a final test. This course is part of the IFRC induction package for all new staff.
- **Stay Safe personal security and Stay Safe security management.** Those two interactive courses introduce all the essential principles of security in the field. The completion of each course is validated by a test. The course is compulsory to all IFRC staff, and it is also used by many National Societies. Some UN agencies and NGOs are also using it as such (WFP, UNHCR, World Vision).
- **Influenza Pandemic Preparedness course:** a very dynamic and interactive course introducing what the pandemic is, how to take care of infected persons, and how to prevent the disease. The course is completed by a simulation and a quiz.
- **National Society Statutes:** Strong Legal base is one of the main ingredients of a strong National Society. This e-learning is to introduce and allow you to become familiar with the "guidance for National Societies Statutes". The guidance document lays out the elements for National Societies to have a strong and sound legal framework. In this module, you will learn which minimum elements need to be part of the society's statutes in order to ensure a strong Legal base.

3. Connect – Linking communities of learning together

Linking communities of learning together is an important dimension of the Learning platform. The tools available allow learners from all over the world to gather in virtual communities to...

- Exchange ideas, debate (forum, blog,)
- Share information (videos, documents, websites...)
- Submit ideas to a votation
- Collaborate on projects (through wikis)
- Find people sharing similar interests
- Exchange contact details

4. Communication material / brochures

A range of brochures and presentations are available to National Societies who want to communicate about the Learning platform to their staff and volunteers. You can also, at anytime, contact the Learning and Organisational Development Department in Geneva: support.learning@ifrc.org

5. Additional courses: course catalog

The International Federation Secretariat has contracted some of the leading providers of online courses, making available hundreds of courses in different languages to its staff. National Societies can enjoy similar conditions if they wish to make the same online courses available to their own staff and volunteers. We can offer access to the same rates to National Societies, without the minimal annual commitments clause.

Those courses include:

- Languages skills: the most modern online learning tool, provided by Auralog (Tell-Me-More Corporate). A 12 month license fee to have full access to the most comprehensive online language learning package.
- Personal Development, by Cegos: a selection of more than 50 courses on many subjects covering Communication, management, administration, coaching, facilitation skills, They are available in English, French, Spanish (and for some also in Chinese, German, Portuguese and Russian). Available on pay per title basis.
- Computer skills: over 50 courses on Word, Excel, PowerPoint, Outlook, Internet Explorer, for all levels. These courses are aligned on the ICDL curriculum (International Computer Driving License). Thus they can prepare for an official certification (provided in most countries around the world). A 12 month license fee to have full access to the whole learning package.

The Learning Platform has a Shopping Cart functionality which enables National Societies and students in general to pay for courses using credit card payment.

Contact the Learning and Organisational Development Department for course prices and further information on the Shopping Cart.

6. Custom page design

It is possible to highly customize the Learning platform to your needs. We can add your logo, pictures of your choice, change the design, add or remove functionalities, tailor the catalog, add welcome text of your choice, add approval processes, automate emails triggered by specific actions...

The Learning platform can be customized in the following languages:

- Arabic (2013)
- Bahasa (Indonesian)
- Bulgarian
- Chinese (Simplified) – China
- Czech
- Danish
- Dutch – Netherlands
- English - US (default),
- English – UK
- French – Canada
- French – France
- German – Germany
- Greek
- Hebrew (2013)
- Italian – Italy
- Japanese – Japan
- Korean
- Latvian
- Lithuanian
- Norwegian
- Polish
- Portuguese – Brazil
- Portuguese – Portugal
- Romanian
- Russian – Russia
- Spanish – Latin America
- Spanish – Spain,
- Swedish
- Thai – Thailand
- Turkish – Turkey
- Ukrainian

7. Hosting of online courses

If you want to host additional courses, you can contact the Learning and Organisational Development Department, whether you have developed those courses or got them from other sources, whether you agree to share them with other National Societies or want to restrict the access.

8. Access to reports

The Learning platform offers extensive reporting functionalities. You can monitor in real time how many people are taking courses, which courses are most followed in your region, what is the profile of users based in your country. It is possible to report on all information contained in the system.

Example: All staff of the International Federation have been requested to take the “Stay Safe – personal security” course. Reports have been programmed to monitor in real time, region per region, how many people have registered, started or completed the course. This overall report is dated 29 July 2011.

9. Support for translation of online courses

Courses can be translated and localized. If you are interested in getting a course translated into your national language, please contact the Learning and Organisational Development Department.

Example: the IFRC Europe Zone office in Budapest translated the influenza pandemic preparedness online course into Russian.

10. E-learning course development advice

Creating quality e-learning content can be costly. But once an e-learning course is developed, it costs virtually nothing to distribute it to one, a hundred or a million users... Therefore we have a common interest in ensuring that all the material we produce can be shared with partners.

This can be achieved by making sure that:

- The developing organisation owns all copyrights and can share the content (copyrights on content and on the use of the technology)
- Content can be easily customised or translated into other languages (can be easily achieved with the right technology)
- Content follows technological norms which ensure a high level of compatibility, allowing distribution through most Learning Management Systems, websites or CD Roms.

Course catalogue

This section presents information about selected courses developed by IFRC and freely accessible on the Learning platform.

Language	Training Title	Training Description
English (UK)	National Societies Statute Revision	Strong Legal base is one of the main ingredients of a strong National Society. The purpose of this elearning is to introduce and allow you to become familiar with the "guidance for National Societies Statutes". The guidance document lays out the elements for National Societies to have a strong and sound legal framework. In this module, you will learn which minimum elements need to be part of the society's statutes in order to ensure a strong Legal base. At the end, there is a small quiz to enhance your understanding on
English (UK)	Performance Appraisal Package	This package is provided to you (prepaid), as manager with subordinates. It consists of four online courses related to most of issues you would be faced during the performance appraisal process, such as: dealing with annual review's difficult situations, being objective throughout the review process, becoming a manager/coach, balancing the dual role of people management and technical expert.
English (UK)	Professionalising the Humanitarian Sector - A scoping study	This report is an important, and challenging, contribution to the future of the humanitarian sector. It needs to be read by donors, by universities and learning providers, by NGOs, the Red Cross movement and the UN – and above all by humanitarian workers. ELRHA commissioned this scoping study with a simple premise in mind: given the high levels of professionalism that humanitarian workers demand of themselves and each other and, given the increasing investment in capacity building and standard setting across the sector, is the time now right to create an internationally recognised humanitarian profession and put in place the coherent training and professional development structures that would normally be expected of an established profession?
English (UK)	Protocol handbook	The Red Cross Red Crescent can also reach further and achieve more through partnerships with governments, civil society and other stakeholders and actors. Such partnerships can be expedited and improved through knowledge of protocol, especially at the highest levels of international representation. The 2nd edition of the Protocol Handbook covers many of these aspects and provides guidance for the implementation of humanitarian diplomacy. It also points to planning and other tools which are essential to the practice of humanitarian diplomacy, and it is important that they are integrated into all our work.
English (UK)	RedTalk	As part of its efforts to promote continuous learning and increased knowledge sharing, the Red Cross Red Crescent Learning and Knowledge Sharing Network is pleased to invite you to a RedTalk

Language	Training Title	Training Description
English (UK)	Stay safe – personal security	The “Stay safe Personal security training” course is intended for all Federation and Red Cross and Red Crescent national society personnel, including volunteers. The aim of the course is to provide basic security preparation for those personnel travelling or being deployed to the field. Although Red Cross Red Crescent specific, this course contains security information that will be beneficial for all humanitarian workers. Successful completion of the course is validated by a certified final test.
English (UK)	Stay safe – security management	The “Stay safe Security management” course is intended for those tasked with security management. The aim of the course is to familiarise managers with the necessary tools to implement and maintain a well functioning security framework. Although Red Cross Red Crescent specific, this course contains security information that will be beneficial for all humanitarian workers. Successful completion of the course is validated by a certified final test.
English (UK)	Strategy 2020	The Strategy 2020 course is aimed at facilitating the understanding and interpretation of our Strategy 2020. Strategy 2020 guides the International Federation of the Red Cross and Red Crescent Societies (IFRC) in tackling the major challenges that will confront humanity in the next decade. The course employs interactive methods and audio-visual techniques in presenting key concepts in Strategy 2020. It has been developed primarily for National Societies’ staff, members and volunteers, and the IFRC secretariat staff.
English (UK)	Team Management System - Why use TMS?	Short presentation on why using TMS
English (UK)	The ABC of VCA	Vulnerability and Capacity Assessment (VCA) uses various participatory tools to gauge peoples exposure to and capacity to resist natural hazards. It is an integral part of disaster preparedness and contributes to the creation of community-based disaster preparedness programmes at the rural and urban grass-roots level. VCA enables local priorities to be identified and appropriate action taken to reduce disaster risk and assists in the design and development of programmes that are mutually supportive and responsive to the needs of the people most closely concerned.
English (UK)	the World of Red Cross and Red Crescent (WORC)	This programme is available to all Red Cross Red Crescent staff, volunteers, and registered members, as well as external audiences such as university staff and students, government authorities, donors, schools, the media, and the interested general public. This self-study course is designed for general orientation purposes only. The contents of this course are based on official documentation and indexed research material. Successful completion of the course is validated by a certified final test.
English (UK)	Understanding and coping with traumatic stress	Humanitarian work is physically and emotionally demanding, and many humanitarian workers struggle to find a healthy balance between the demands of the work and the need to pay some attention to their own wellbeing. The goal of this module is to provide an overview of traumatic stress as it is related to humanitarian work, and helpful coping strategies for dealing with it. This module is available in two versions— text and interactive e-learning.
English (UK)	Welcome to IFRC - Geneva	This package is provided to all new staff hired in Geneva. It contains several items, such as: Checklist for new hired ; Essential learning courses ; Personal development online courses.

Language	Training Title	Training Description
English (UK)	Project/programme planning (PPP) course	The e-learning course on project/programme planning offers a short but thorough introduction to key skills and methods for project management, focused on results-based project planning. It is spread over two modules, with the first module focusing on the “analysis stage” of planning - using different tools to analyse the situation prior to the design of a project. The second module focuses using the results of this analysis in the “design stage”, where participants will learn how to use the “logical framework” as a tool to structure and summarise the key aspects of a project that are necessary for it to be well managed. Successful completion of a final test at the end of the course leads to a certificate for the user. Any questions please contact stephen.wainwright@ifrc.org .
English (UK)	Introduciton to cash transfer programming	The aim of the training is to raise awareness of the issues associated with cash transfer programmes and build knowledge of emergency managers who will be responsible for running cash transfer programmes in emergencies. It targets those who need to take decisions on the appropriateness of cash programmes after an emergency and those who need to plan and design a cash programme. The broad objectives of the training are: - To introduce cash programming as one of the possible response mechanisms to deliver humanitarian assistance, and describe different types of cash projects; - To describe how to assess and analyse data in order to decide whether cash is appropriate; - To explain operational elements & delivery mechanisms to be considered and planned for in a cash programme; - Consider how to monitor and measure the processes and impact of a cash programme. The course has been produced in partnership with CaLP, the Cash Learning Partnership
English (UK)	H2P - Humanitarian pandemic preparedness programme	To preserve successes of the global pandemic preparedness work, this online training module “Humanitarian Pandemic Preparedness-H2P” based on the findings of the Program Review Team report includes five key areas of H2P to consider: partnership, planning, preparedness, response and sustainability. The module ends with a quiz and links for more information. It gives recommendations that will help anyone from managers to health workers or volunteers on how to enhance and maintain pandemic readiness providing tools to develop or refine pandemic preparedness and response plans.
English (UK)	Monitoring and Evaluation Guide - IFRC	The purpose of the guide is to promote a common understanding on and reliable practices in monitoring and evaluation (M&E) for IFRC project/programmes. The guide itself is over 130 pages, with 22 annexed tools/resources, and a variety of diagrams, boxes, tables, and cartoons. In addition to key templates for the M&E Plan, Indicator Tracking Table, and Project/Program Management Report, there is also a Glossary of Key Terms for M&E, as well a listing of relevant M&E Resources, which are all hyperlinked. The guide is quite comprehensive and intended to be used as a desktop reference that will supplement a more concise and field-friendly IFRC Evaluation Pocket Guide (which is forthcoming). The M&E Guide would not have been possible without the invaluable review, input, and support from multiple contributors in National Societies and the secretariat: thanks to them. eISBN 978-92-9139-175-2

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English (UK)	Professionalising the Humanitarian Sector - A scoping study	This report is an important, and challenging, contribution to the future of the humanitarian sector. It needs to be read by donors, by universities and learning providers, by NGOs, the Red Cross movement and the UN – and above all by humanitarian workers. ELRHA commissioned this scoping study with a simple premise in mind: given the high levels of professionalism that humanitarian workers demand of themselves and each other and, given the increasing investment in capacity building and standard setting across the sector, is the time now right to create an internationally recognised humanitarian profession and put in place the coherent training and professional development structures that would normally be expected of an established profession?
English (UK)	Capacity Building for Advocacy	By Chris Stalker with Dale Sandberg Driven by the need to find effective solutions to the problems of poverty and injustice, recent thinking about civil society has begun placing a greater emphasis on advocacy. There is a growing expectation that civil society organisations (CSOs) should be conducting advocacy, engaging with and influencing key policies and decision makers to complement the service delivery role of CSOs. To facilitate the shift, considerable effort has been invested in capacity building for advocacy. So, what has been learnt in the process? This Praxis Paper looks at current practice, experiences and theory in advocacy capacity building. In line with INTRAC's Praxis programme, the paper's findings are primarily directed at civil society support organisations (CSSOs) globally but the insights are relevant to CSOs, donors, research institutions and individuals from a variety of backgrounds.
English (UK)	Accountability: "Blame and responsibility" - an opportunity to restore trust?	As part of our 100th anniversary activities, KPMG hosted a live debate in the studios of Radio Télévision Suisse in Geneva on 4 May. The event brought together twelve eminent personalities representing civil society as well as the public and private sectors to discuss and challenge each other on the topic of "Accountability: Blame and responsibility - an opportunity to restore trust?"
French (France)	Agir sur les comportements - Principes et Valeurs IFRC	Un outil de réflexion et d'auto-évaluation des mécanismes de discrimination et préjugés. Présente de façon thématique des faits, exercices, exemples et quiz. Réalisé par le département Principes et Valeurs de la Fédération Internationale des Sociétés Croix Rouge et Croissant Rouge en 2009-2010
French (France)	Code de Conduite du personnel	Ce bref cours introduit l'objet et le cadre d'application du code de conduite du personnel de la Fédération Internationale. Les concepts clés seront aussi explorés. Le cours est complété par un bref quiz. Tous les employés sont priés de suivre ce cours.
French (France)	Faire face au stress traumatique	Ce cours offre un aperçu sur le stress traumatique et les activités humanitaires. Il propose un cadre de travail permettant aux personnes intéressées d'en apprendre davantage sur ce sujet, à leur propre rythme. En comprenant et en faisant face au stress traumatique, vous aurez l'impression de reconstituer les pièces d'un puzzle. Ce module a été conçu pour vous aider à identifier et à reconstituer les pièces de votre puzzle personnel, et pour vous encourager à faire face à votre propre stress de façon proactive.

Language	Training Title	Training Description
French (France)	Introduction aux Règles, Lois et Principes des actions internationales en cas de catastrophe (IDRL)	Les opérations internationales de secours et d'assistance au relèvement initial entraînent souvent des problèmes juridiques épineux, aussi bien pour les intervenants étrangers que pour les autorités nationales. Beaucoup de praticiens ne sont pas pleinement conscients des normes internationales qui existent déjà dans ce domaine et de nombreux Etats ont peu fait pour se préparer pour les problèmes les plus communs. Ce module d'introduction s'adresse à toutes les personnes – y inclus experts et non-experts en gestion des catastrophes et en droit - souhaitant acquérir une meilleure compréhension des questions de réglementation dans les opérations internationales, les instruments internationaux clés, et les mesures que les gouvernements peuvent prendre pour se préparer. Durée estimée: 30 m
French (France)	Le Code de conduite - pour le Mouvement international de la Croix-Rouge et du Croissant-Rouge et des ONG lors des opérations de secours en cas de catastrophe	Le Code de conduite - pour le Mouvement international de la Croix-Rouge et du Croissant-Rouge et des Organisations Non Gouvernementales (ONG) lors des opérations de secours en cas de catastrophe, a été élaboré et accepté par huit des plus grandes organisations du monde spécialisées dans les opérations de secours en cas de catastrophes à l'été 1994. Le Code de conduite, comme la plupart des codes professionnels, est volontaire. Il contient une liste de 10 principes que tous les acteurs humanitaires doivent respecter dans leur travail de réponse aux catastrophes, et il décrit aussi les relations que les agences impliquées dans des opérations en cas de catastrophe devraient avoir avec les gouvernements donateurs, les gouvernements hôtes et les agences du système des Nations Unies.
French (France)	Le monde la Croix-Rouge et du Croissant-Rouge (WORC)	Ce programme est offert à tout le personnel Croix-Rouge et du Croissant-Rouge, les bénévoles et les membres inscrits, ainsi que des publics externes tels que le personnel universitaire et les étudiants, les autorités gouvernementales, les donateurs, les écoles, les médias, et le public intéressé. Ce cours d'autoformation est destiné à des fins d'orientation générale. Le contenu de ce cours est basé sur la documentation officielle et des documents de recherche. La réussite de ce cours est validé par un test final certifié.
French (France)	Stratégie 2020	Le cours sur la Stratégie 2020 doit nous aider à mieux comprendre et interpréter notre Stratégie 2020. La Stratégie 2020 indique à la Fédération internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge comment mieux surmonter les grands défis auxquels l'humanité sera confrontée durant la prochaine décennie. Le cours utilise des méthodes interactives et des techniques audio-visuelles pour présenter les concepts essentiels de la Stratégie 2020. Il a été mis au point avant tout pour le personnel, les membres et les volontaires des Sociétés nationales ainsi que pour le personnel du secrétariat de la Fédération.
French (France)	Préparation à la pandémie de grippe	Êtes-vous prêt pour la pandémie de grippe? Ce bref cours vise à donner aux professionnels et aux volontaires une compréhension claire des thèmes suivants : - Qu'est-ce qu'une pandémie de grippe – Les actions de prévention qui peuvent être entreprises - Les soins à domicile des personnes malades de la grippe – Les comportements les plus importants de contrôle des infections pour le personnel. La réussite du cours sera attestée par un certificat.

Language	Training Title	Training Description
French (France)	Préparation humanitaire de lutte contre une pandémie - H2P	Afin de préserver les expériences positives du travail de préparation en cas de pandémie, ce module de formation en ligne appelé «préparation humanitaire de lutte contre une pandémie-H2P» a été développé à partir des conclusions de l'équipe de révision du programme H2P qui comprend cinq domaines clés à considérer : le partenariat, la planification, la préparation, l'intervention et la pérennité des actions. Le module se termine par un questionnaire et propose des liens pour plus d'informations. Il donne aussi des recommandations qui aideront les gestionnaires de projet, les travailleurs de la santé ou les volontaires afin d'améliorer ou de maintenir les efforts existants de préparation à une pandémie en leur fournissant des outils pour développer ou affiner les plans de préparation et de réponse.
Haitian Creole	Créole haitien – Jan pou konprann estrès twomatik ak jan pou siviv avèk li	Lè ou fini modil sa a, w ap konprann pi byen: - Kalite estrès twomatik, - Gen twa (3) kalite estrès twomatik kouran ki asosye avèk travay imanità: estrès apre chòk, twomatis endirèk, ak estrès kwonik, - Konsekans estrès twomatik, - Poukisa li enpòtan pou travayè imanità yo konnen konsekans sa yo, - Kijan pou kontwòl pwòp estrès pa ou, - Teknik swen pèsonèl pou ede soulajè reyaksyon a estrès, - Kote pou jwenn plis enfòmasyon pou ou kontinye aprann oswa pou jwenn asistans pèsonèl.
Spanish (Spain)	Código de conducta relativo al socorro en casos de desastre para el Movimiento Internacional de la Cruz Roja y de la Media Luna Roja y las organizaciones no gubernamentales.	Código de conducta - relativo al socorro en casos de desastre para el Movimiento Internacional de la Cruz Roja y de la Media Luna Roja y las organizaciones no gubernamentales. El Código de conducta relativo al socorro en casos de desastre para el Movimiento Internacional de la Cruz Roja y de la Media Luna Roja y las organizaciones no gubernamentales, fue elaborado y acordado en 1994 por ocho de las agencias más importantes del mundo en el ámbito de la intervención en casos de desastre. El Código de Conducta es voluntario, como lo son la mayoría de los códigos profesionales. Estipula 10 declaraciones de principios a las que todos los actores humanitarios deberían adherirse en su trabajo de respuesta en casos de desastre, así como describe las relaciones que las agencias que trabajan en caso de desastre deberían buscar con los gobiernos donantes, con los gobiernos de los países en los que tiene lugar el desastre y con el sistema de la ONU. El Código es utilizado por los organismos fundadores para supervisar su propia actuación. Hasta el momento, no hay asociación ONG internacional para la respuesta en caso de desastre que posea autoridad para sancionar a sus miembros.
Spanish (Spain)	Cómo enfrentar el estrés traumático	Este curso ofrece una descripción general del estrés traumático y el trabajo humanitario. Brinda un marco de referencia para que aquellos que estén interesados puedan aprender sobre estos temas, a su propio ritmo. Comprender y enfrentar el estrés traumático puede parecerse a la sensación que se experimenta al armar un rompecabezas. Este curso se diseñó con el doble propósito de ayudarte a reconocer las piezas de tu propio rompecabezas para que puedas armarlo y animarte a actuar preventivamente para enfrentar tu propio estrés.

Language	Training Title	Training Description
Spanish (Spain)	Estrategia 2020	El propósito del curso sobre la Estrategia 2020 es facilitar la comprensión y la interpretación del contenido de ese documento. La Estrategia 2020 establece el derrotero de la labor de la Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja encaminada a superar los principales desafíos que enfrentará la humanidad en el próximo decenio. Mediante técnicas audiovisuales y métodos interactivos, se expone los principales conceptos de la Estrategia 2020 en este curso destinado fundamentalmente al personal, los miembros y los voluntarios de las Sociedades Nacionales, así como a los miembros del personal de la Secretaría de la Federación Internacional.
Spanish (Spain)	Introducción a Leyes, Normas y Principios Internacionales para respuesta en caso de desastre (IDRL)	El socorro internacional en casos de desastre y las operaciones de recuperación inicial pueden plantear una serie de espinosas cuestiones jurídicas, tanto para los proveedores de asistencia que para las autoridades nacionales. Muchos profesionales en gestión de desastre no son plenamente conscientes de las normas internacionales que ya existen en esta área y muchos estados han hecho poco para prepararse para los problemas más comunes. Este módulo de introducción es para cualquier persona – que sea experto o no en la gestión de desastres o en el derecho – que quiere obtener una mejor comprensión de los problemas de reglamentación en las operaciones internacionales, los instrumentos internacionales clave, y las medidas que los gobiernos pueden tomar para prepararse. Tiempo estimado de de lectura: 30 minutos.
Spanish (Spain)	El Mundo de la Cruz Roja y de la Media Luna Roja - WORC - Curso + Prueba final certificada	Este programa está disponible para todo el personal, voluntarios y miembros registrados de la Cruz Roja y Media luna Roja, así como el público externo como el personal y estudiantes universitarios, autoridades gubernamentales, los donantes, las escuelas, los medios de comunicación y el público en general. Este curso de estudio está diseñado para propósitos de orientación general. El contenido de este curso se basa en documentación oficial y material de investigación indexada. La conclusión exitosa del curso es validada a través de una prueba final certificada.
Spanish (Spain)	Preparación humanitaria ante una pandemia - H2P	Con el fin de preservar el éxito del trabajo realizado de preparación ante una pandemia, este módulo de formación en línea “ Preparación humanitaria ante una Pandemia-H2P” , se basa en las conclusiones del informe del Equipo de Revisión del Programa H2P e incluye cinco áreas clave a considerar : colaboración, planificación, preparación, respuesta y la sostenibilidad de los acciones. El módulo concluye con un cuestionario y los enlaces para mayor información. Brinda recomendaciones que ayudarán a cualquier persona, desde los gerentes de proyectos hasta trabajadores de la salud o voluntarios sobre cómo mejorar y mantener la preparación ante una pandemia, proporcionando herramientas para desarrollar o perfeccionar la preparación y los planes de respuesta ante una pandemia.
Swedish (Sweden)	Utbildning i R akorskunskap	Kursen i rödakorskunskap ger kunskap om rörelsens mandat, värderingar och verksamhet. Denna kunskap ger styrka och möjlighet att hitta rätt i de situationer som utgör Röda Korsets arbetsfält._

The Fundamental Principles of the International Red Cross and Red Crescent Movement

Humanity / The International Red Cross and Red Crescent Movement, born of a desire to bring assistance without discrimination to the wounded on the battlefield, endeavours, in its international and national capacity, to prevent and alleviate human suffering wherever it may be found. Its purpose is to protect life and health and to ensure respect for the human being. It promotes mutual understanding, friendship, cooperation and lasting peace amongst all peoples.

Impartiality / It makes no discrimination as to nationality, race, religious beliefs, class or political opinions. It endeavours to relieve the suffering of individuals, being guided solely by their needs, and to give priority to the most urgent cases of distress.

Neutrality / In order to enjoy the confidence of all, the Movement may not take sides in hostilities or engage at any time in controversies of a political, racial, religious or ideological nature.

Independence / The Movement is independent. The National Societies, while auxiliaries in the humanitarian services of their governments and subject to the laws of their respective countries, must always maintain their autonomy so that they may be able at all times to act in accordance with the principles of the Movement.

Voluntary service / It is a voluntary relief movement not prompted in any manner by desire for gain.

Unity / There can be only one Red Cross or Red Crescent Society in any one country. It must be open to all. It must carry on its humanitarian work throughout its territory.

Universality / The International Red Cross and Red Crescent Movement, in which all societies have equal status and share equal responsibilities and duties in helping each other, is worldwide.



International Federation
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